

NELLIE SNYMAN
STELLENBOSCH, Western Cape



Appreciate second chances

Nellie found a lump in her breast during a routine examination in October 2010. She was referred to a specialist who diagnosed her with breast cancer. She started with chemotherapy and radiation, which was not a easy journey.

Nellie lost her hair and this led to many humoristic moments. Her friends encouraged her to wear big earrings because she reminded them of a famous singer and she took the challenge to take off her wig at functions where nobody expected it.

Her body reacted well to the treatment and she is now in remission. But she knows that for the next three years she must go for tests and examinations every six months and then continue every year for two years after that.

Nellie Snyman is definitely woman with many callings and in her free time she is very active in her church, doing community work and enjoys socialising with her friends and family. She is a trained counsellor and assists young people with drug problems and victims of abuse.

As a cancer survivor she volunteers at the Cancer Association of South Africa and uses this opportunity to create awareness of the disease.

Nellie is thankful for everything and appreciates second chances. Everything she experienced has become symbolic to her – symbols of healing, growth and gratitude.